

Everyday Activities and RECREATIONAL RENTALS

Customized and private programs are available! *** Please inquire at the Front Desk.

Muskoka Sports & Recreations Outdoor Adventure Information Desk

The Rosseau Lobby Discover amazing guided programs and rental options with MSR! Canoe, kayak, mountain bike, paddle boats, motor boats, WaveRunners™, fishing gear, float plane adventures, ATV adventures and snorkeling!
For more details, please contact an MSR representative in the lobby daily
9am – 12pm & 1pm – 5pm OR call 705-640-2628.

Pontoon Boat Cruises*

1 hr. daily cruises depart 10:30am & 1:30pm
\$24 adult, children 12 or under \$12

Boat Rentals*

Boat License is not required. Muskoka Sports and Recreation has a variety of boat rentals; runabouts with water toys, fishing boats with rods and bait, pontoons with coolers, electric boats and snorkel gear.

WaveRunner Rentals & Tours*

Boat License is not required. Experience the high speed adrenaline rush of riding your own 130 hp Yamaha WaveRunner™ around Lake Rosseau & Lake Joseph.

Mountain Bike Rentals & Tours*

Rent a full suspension mountain bike and hit the single track trails or rent a hybrid bike and cruise the backroads of Muskoka

Canoe, Kayak & Paddle Boat Rentals & Tours*

Spend the day paddling Lake Rosseau!

Water Taxi Service*

Hire a boat and captain for an hour or a day. Take a scenic tour of the lake or hop from hot spot to hot spot, your perfect day on Lake Rosseau, Lake Muskoka or Lake Joseph is possible!

The Rosseau Ritual

Join The Rosseau team, daily on the terrace, for a “Toast to Muskoka!” 5:15pm daily

Tennis Anyone?

Contact the Concierge to book your court at Cleavelands House. A full tennis program is offered including clinics, round robins and private instruction.

Cleavelands House Kids Program

Key Kids! Enjoy a variety of great activities at Cleavelands House, including arts & crafts and adventure programs! Ages 3 – 18, half day and full day programs available. Please contact the Concierge desk for more details. Ext. 7300

Basecamp Lessons & Camp

Canada's largest and most progressive towed water sports facility is just around the corner. Learn to wakeboard, wakeskate, wakesurf or railslide from some of the country's top ranked riders. Dock pickup available for day camp, private or group lessons. Call (705) 812-0497 for inquires and bookings.

Art Workshops & Exhibits

Please inquire at the Concierge Desk about workshops and exhibits available throughout the summer.

SWS Water Ski & Wakeboard School

The Rosseau Docks, Open daily 9:30am – 5pm, Starting from \$15 per person
Our qualified instructors can teach first-time skiers and wake boarders or waterskiing enthusiasts ready to try barefooting. SWS instructors have the skills and experience to improve any aspect of your skiing and wakeboarding. Also, try tubing or ride around on our fun water weenie!
Custom Program available. To book call 705-706-2706

SWS Waterpark

Open daily 9:30am – 5pm, Starting from \$15 per person
Located at the Cleavelands House Beach. Please call 705-706-2706 for more details.

Hatchets Training Centre**

\$75 per person
Learn how to row from the best! You've thought about it. Now is your chance to try rowing! Sessions run from 8am – 10am OR 1pm – 3pm daily.
Advance registration required. Please contact the Concierge or visit Hatchets in the Green Club House down the hill. The Hatchets Outdoor Store is open
Monday – Friday 8:30am – 4:30pm Saturday – Sunday 10am – 4pm

Butson's Boat Shop & Gift Boatique

Discover traditional wooden Muskoka boats being built first hand. Enjoy a guided tour of the shop, learn about the detailed craftsmanship and the history of Muskoka boats. Shopping at Gift Boatique is the perfect place to pick up Muskoka memories to take home. No appointment necessary. Complimentary. Contact 705-706-4646
Monday to Friday 8:30am – 4:30pm Saturday & Sunday 10am – 4pm

The Rosseau Bonfire

Relax by the fire pit in front of the hotel and roast marshmallows!
Please ask the front desk for roasting sticks and marshmallows.

Games, Games, Games

Have a games night! Contact the Concierge to sign out board games, horseshoes, croquet and bocce ball!

Movies!

Have a movie night! Contact the Concierge to sign out a movie and DVD player.

* Advance Registration Required
Call Muskoka Sports & Recreation, Wallace Marina 705-640-2628

** Advance Registration Required.
Please contact the Concierge 705-765-1900

*** Advance Registration Required.
Please contact Spa Rosseau 705-765-7000

All children under the age of 16 must be supervised for all outdoor activities. Outdoor activities are weather permitting. All prices are subject to applicable taxes. Activity prices and times may change without notice – please check with the Concierge.

JW MARRIOTT
THE ROSSEAU MUSKOKA



MUSKOKA A ONE OF A KIND SUMMER ADVENTURE Summer RECREATIONAL SCHEDULE

Purchase a
48 HOUR *All-inclusive*
ACTIVITIES PASS!

48-hour pass includes unlimited access to the following scheduled activities when offered: Guided Nature Hikes, Astronomy Tours, Mind & Body classes (e.g. yoga, aquafit), and art workshops.
Children age 12 and under participate free in hikes, astronomy and art workshops when accompanied by a paying parent or guardian.

48-hour pass does not include any equipment rentals or guided activities conducted by partners such as Muskoka Sports and Recreation. Minimum age requirement for Mind & Body Classes is 16 years. 48-hour pass is not offered for sale when fewer than two activities are available in the 48-hour period. No refund for astronomy when skies are not clear. Indoor astronomy activity will be offered in case of unsuitable weather.

FRIDAY

SUNRISE STRETCH

7:30am – 8am Lakeview Lawn, Complimentary
Wake up with a stretch overlooking Lake Rosseau!

TRY ROWING!***

8am – 10am OR 1pm – 3pm Hatchets Training Centre, \$75 per person
You've thought about it! Now is your chance to try rowing. Learn the basics, technique and discover the sport of rowing. Includes instructor, equipment, t-shirt and fun.

MORNING POWER WALK

8am – 8:45am The Rosseau Lobby, Complimentary
Enjoy a morning walk around The Rosseau. Wear comfortable shoes and clothing.

KAYAK EXPEDITION*

9am – 10am MSR, Wallace Marina, \$25 per person
Explore the shores of Lake Rosseau on this guided kayak expedition.

YOGALATES***

9am – 10am Spa Rosseau, \$15 per person
Yoga and Pilates fusion; standing and balancing Yoga poses to engage the core synergistically, combined with Pilates strengthening exercises.

LAKE ROSSEAU ISLAND BOAT CRUISE*

10:30am – 11:30am, Wallace Marina, \$24 per person, Children 12 and under \$12

BIKE THE BACKROADS*

11am – 12pm MSR, Wallace Marina, \$29 per person
Discover the back roads of Muskoka, learn about riding techniques and bike mechanics. Beginner – Intermediate

WILD ABOUT WETLANDS INTERPRETIVE CENTRE

Contact the Concierge for hours Cleavelands House
Discover a variety of live wetland creatures.

LAKE ROSSEAU ISLAND BOAT CRUISE*

1:30pm – 2:30pm Wallace Marina, \$24 per person, children 12 and under \$12

MICROSCOPIC MUSKOKA

1pm – 2pm The Rosseau Library, Complimentary
Discover the amazing world of insects and other tiny creatures with The Rosseau naturalist.

AQUA BOOT CAMP

2pm – 3pm The Rosseau Pool, Complimentary
An intense aquafit class to condition your body and push it to the limit.

MOUNTAIN BIKE EXPEDITION*

3pm – 4pm MSR, Wallace Marina, \$29 per person
Ride through amazing single track trails; learn about riding techniques and bike mechanics. Beginner – Intermediate.

YOGA***

4pm – 5pm Spa Rosseau, \$15 per person
Experience exhilarating Hatha style yoga. A steady blend of breathing, meditation and yoga poses held for a series of breaths.

BUILD A BEAR**

5pm – 6pm \$25 per bear
Build your own Muskoka creature – black bears and beavers. The perfect souvenir!

SUNSET CANOE*

7pm – 8pm MSR, Wallace Marina, \$20 per person
Paddle along the beautiful shoreline of Lake Rosseau on this guided canoe expedition.

DISCOVER THE NIGHT SKY ASTRONOMY TOUR***

10:30pm – 11:30pm The Rosseau Lobby, \$15 per person
See stars like you've never seen before on this guided tour of the night sky.
Please sign up by 5pm. Weather permitting.

SATURDAY

RISE & SHINE POOL WORKOUT

8am – 8:45am The Rosseau Pool, Complimentary

Rise and shine with this great pool workout. Join the early birds as we combine the right amount of stretching, strength, and cardio to keep you going throughout the day.

TRY ROWING!***

8am – 10am OR 1pm – 3pm See Friday for details.

GUIDED NATURE HIKE**

9am – 10am Rosseau Lobby, \$10 per person, Children 12 and under complimentary.

Visit the beaver pond and learn about nature's true engineers on this naturalist guided hike!

BUILD A BEAR**

10:30am – 11:30am \$25 per bear See Friday for details.

MULTI-PLANE FUSION***

9am – 10am Spa Rosseau, \$15 per person

Using primal movement patterns; push and pull techniques are used to stimulate muscles for full body shape and conditioning.

LAKE ROSSEAU ISLAND BOAT CRUISE*

10:30am – 11:30am See Friday for details.

BIKE THE BACKROADS*

10:30am – 11:30am See Friday, 11am for details.

ZUMBA***

10:15am – 11:15am Spa Rosseau, \$15 per person

This class fuses hypnotic Latin rhythms and easy-to-follow moves with interval training where fast & slow rhythms accompany resistance training to tone and sculpt.

GUIDED WAVERUNNER™ TOUR*

11am – 12pm \$175 per person

Experience the high speed adrenaline rush of riding your own 130 hp Yamaha WaveRunner™ around Lake Rosseau and Lake Joseph.

DISCOVER SNORKELING*

12pm – 1pm Wallace Marina, \$25 per person

Discover the underwater world of Muskoka!

LAKE ROSSEAU ISLAND BOAT CRUISE*

1:30pm – 2:30pm See Friday for details.

20/20/20

2pm – 3pm The Rosseau Pool, Complimentary

Work the full body with 20 minutes of cardio, 20 minutes of effective toning and a 20 minute stretch. Equipment may be used to increase resistance.

MOUNTAIN BIKE EXPEDITION*

3pm – 4pm See Friday, 3pm for details.

YOGALATES***

4pm – 5pm See Friday, 9am for details.

KAYAK EXPEDITION*

4:30pm – 5:30pm See Friday, 9am for details.

LIVE ENTERTAINMENT

8pm – 12am Lakes Lounge

DISCOVER THE NIGHT SKY ASTRONOMY TOUR**

10:30pm – 11:30pm See Friday, 10:30pm for details.

SUNDAY

MORNING POWER WALK

8am – 8:45am See Friday, 8am for details.

TRY ROWING!***

8am – 10am OR 1pm – 3pm See Friday, 8am for details.

CIRCUIT SCULPT***

9am – 10am Spa Rosseau, \$15 per person

A high energy, circuit-style class designed to sculpt your body!

BIKE THE BACK ROADS*

10am – 11am See Friday, 11am for details.

POWER YOGA***

10:15am – 11:15am Spa Rosseau, \$15 per person

Breath and movement linked together to perform a series of healing poses to strengthen and lengthen.

LAKE ROSSEAU ISLAND BOAT CRUISE*

10:30am – 11:30am See Friday for details.

GUIDED NATURE HIKE**

11am – 12pm See Saturday, 9am for details.

GUIDED WAVERUNNER™ TOUR*

11am – 12pm \$175 per person

Experience the high speed adrenaline rush of riding your own 130 hp Yamaha WaveRunner™ around Lake Rosseau and Lake Joseph.

LAKE ROSSEAU ISLAND BOAT CRUISE*

1:30pm – 2:30pm See Friday schedule for details

MONDAY

MORNING POWER WALK

8am – 8:45am See Friday, 8am for details.

TRY ROWING!***

8am – 10am OR 1pm – 3pm See Friday, 8am for details.

YOGA***

9am – 10am See Friday, 4pm for details.

LAKE ROSSEAU ISLAND BOAT CRUISE*

10:30am – 11:30am See Friday for details.

WILD ABOUT WETLANDS INTERPRETIVE CENTRE

Contact the Concierge for hours See Friday for details.

LAKE ROSSEAU ISLAND BOAT CRUISE*

1:30pm – 2:30pm See Friday for details.

FAMILY AQUAFIT

2pm – 3pm Paignton House Pool, Complimentary

Together with your family, perform Aquafit strength and cardio movements. Equipment may be used to increase endurance or add variety to movement.

SWS WATERSKI SHOW

7:30pm – 8:30pm Cleveland House

Be amazed by the SWS waterski crew as they perform technical tricks and stunts!



Mixed Sources

Product group from well-managed forests, controlled sources and recycled wood or fiber.
www.fsc.org Cert no. SGS-COC-005833
© 1996 Forest Stewardship Council

TUESDAY

TRY ROWING!* 8am – 10am OR 1pm – 3pm** See Friday, 8am for details.

FLIGHTSEEING TOURS* 9am – 11:30am from \$75 per person

Discover the beauty of Muskoka from above, don't forget your camera! Tours start at 15 minutes. Please contact Wallace Marina for reservations 705-640-2628

GARDEN TOUR 9am – 10am

Complimentary Explore The Rosseau's beautiful gardens and learn about a diversity of plants.

LAKE ROSSEAU ISLAND BOAT CRUISE*

10:30am – 11:30am See Friday schedule for details.

JUNIOR SUMMER GOLF CLINIC AT THE ROCK 10am – 3pm

A great golf clinic designed to introduce juniors to the history, etiquette, safety skills and techniques behind golf. Lunch Included, \$99 per child. Ages 5-13. Registration required. Please contact The Rock at 1-866-765-ROCK

GUIDED CANOE EXPEDITION*

11am – 12pm MSR, Wallace Marina, \$25 per person

Enjoy a guided canoe trip around Ouno Island on Lake Rosseau.

GUIDED WAVERUNNER™ TOUR* 11am – 12pm \$175 per person

Experience the high speed adrenaline rush of riding your own 130hp Yamaha WaveRunner™ around Lake Rosseau and Lake Joseph.

LAKE ROSSEAU ISLAND BOAT CRUISE*

1:30pm – 2:30pm See Friday for details.

YOGALATES* 4pm – 5pm** See Saturday, 4pm for details.

LIVE ENTERTAINMENT AT THE ROCK Fairways Grille

WEDNESDAY

MORNING POWER WALK 8am – 8:45am See Friday, 8am for details.

TRY ROWING!* 8am – 10am OR 1pm – 3pm** See Friday, 8am for details.

BIKE THE BACKROADS* 9am – 10am See Friday, 11am for details.

ACTIVE MEDITATION* 9am – 10am** Spa Rosseau, \$15 per person

Take some time to relax and rejuvenate through powerful breathing techniques proven to lower stress and improve the immune system. Soothe your mind, body and soul.

WILD ABOUT WETLANDS INTERPRETIVE CENTRE

Contact the Concierge for hours See Friday for details.

LAKE ROSSEAU ISLAND BOAT CRUISE*

10:30am – 11:30am See Friday schedule for details.

MICROSCOPIC MUSKOKA 1pm – 2pm See Friday, 1pm for details.

LAKE ROSSEAU ISLAND BOAT CRUISE*

1:30pm – 2:30pm See Friday for details.

GUIDED NATURE HIKE 2pm – 3pm** See Saturday, 9am for details.

MOUNTAIN BIKE EXPEDITION* 4pm – 5pm See Friday, 3pm for details.

BUILD A BEAR 5:30pm – 6:30pm** \$25 per bear See Friday for details.

BIRDS OF PREY LIVE SHOW 7pm – 8:30pm Five Bridges

Get up close with a variety of hawks.

LIVE ENTERTAINMENT 8pm – midnight Lakes Lounge

THURSDAY

RISE & SHINE POOL WORKOUT

8am – 8:45am The Rosseau Pool, Complimentary

Rise and shine with this great pool workout. Join the early birds as we combine the right amount of stretching, strength, and cardio to keep you going throughout the day.

TRY ROWING!* 8am – 10am OR 1pm – 3pm** See Friday, 8am for details.

GARDEN TOUR 9am – 10am See Saturday, 4pm for details.

CANOE EXPEDITION*

9am – 10am \$20 per person

Paddle along the beautiful shoreline of Lake Rosseau on this guided canoe expedition.

LAKE ROSSEAU ISLAND BOAT CRUISE*

10:30am – 11:30am See Friday for details.

JUNIOR SUMMER GOLF CLINIC AT THE ROCK 10am – 3pm

A great golf clinic designed to introduce juniors to the history, etiquette, safety skills and techniques behind golf. Lunch Included, \$99 per child. Ages 5-13. Registration Required. Please contact The Rock at 1-866-765-ROCK.

GUIDED WAVERUNNER™ TOUR*

11am – 12pm \$175 per person

Experience the high speed adrenaline rush of riding your own 130 hp Yamaha WaveRunner™ around Lake Rosseau and Lake Joseph.

SOLAR VIEWING 12pm – 1pm Complimentary

Drop by the patio and discover our Sun in a new light! Weather dependent.

LAKE ROSSEAU ISLAND BOAT CRUISE*

1:30pm – 2:30pm See Friday for details.

MOUNTAIN BIKE EXPEDITION*

2pm – 3pm See Friday, 3pm for details.

AQUA RUNNING

2pm – 3pm The Rosseau Pool, Complimentary

Deep water cardio! A safe way to run without the impact of outdoor running.

DISCOVER SNORKELING* 4pm – 5pm See Saturday, 12pm for details.

POWER YOGA***

4pm – 5pm See Sunday, 10:15am for details.

BASECAMP WAKEBOARDING SHOW

7pm The Rosseau Docks

Discover the art of wakeboarding and be amazed by the talent, skills and technique of professional wakeboarders!

NIGHT CREATURES**

9pm – 10pm \$10 per person

Discover the amazing nocturnal creatures of Muskoka.

JW MARRIOTT®
THE ROSSEAU MUSKOKA



The Rosseau, A JW Marriott Resort & Spa
1050 Paignton House Rd, Minett, Ontario P0B 1G0
705 765 1900